



# CanoeKayak Canada - Whitewater Emergency Action Plan

LOCATION :	Old Man Bob Creek to Hwy 22	DATE :	
TIME IN :		TIME OUT :	
TRIP LEADER :		ASSIST. LEADER :	
FIRST AID LEADER :	1.	2.	
COMMUNIC. LEADER :	1.	2.	

## Map of River and Surrounding Area [Novice/Intermediate 2.5-5 hours, challenging novice run]

### RIVER ACCESS POINTS :

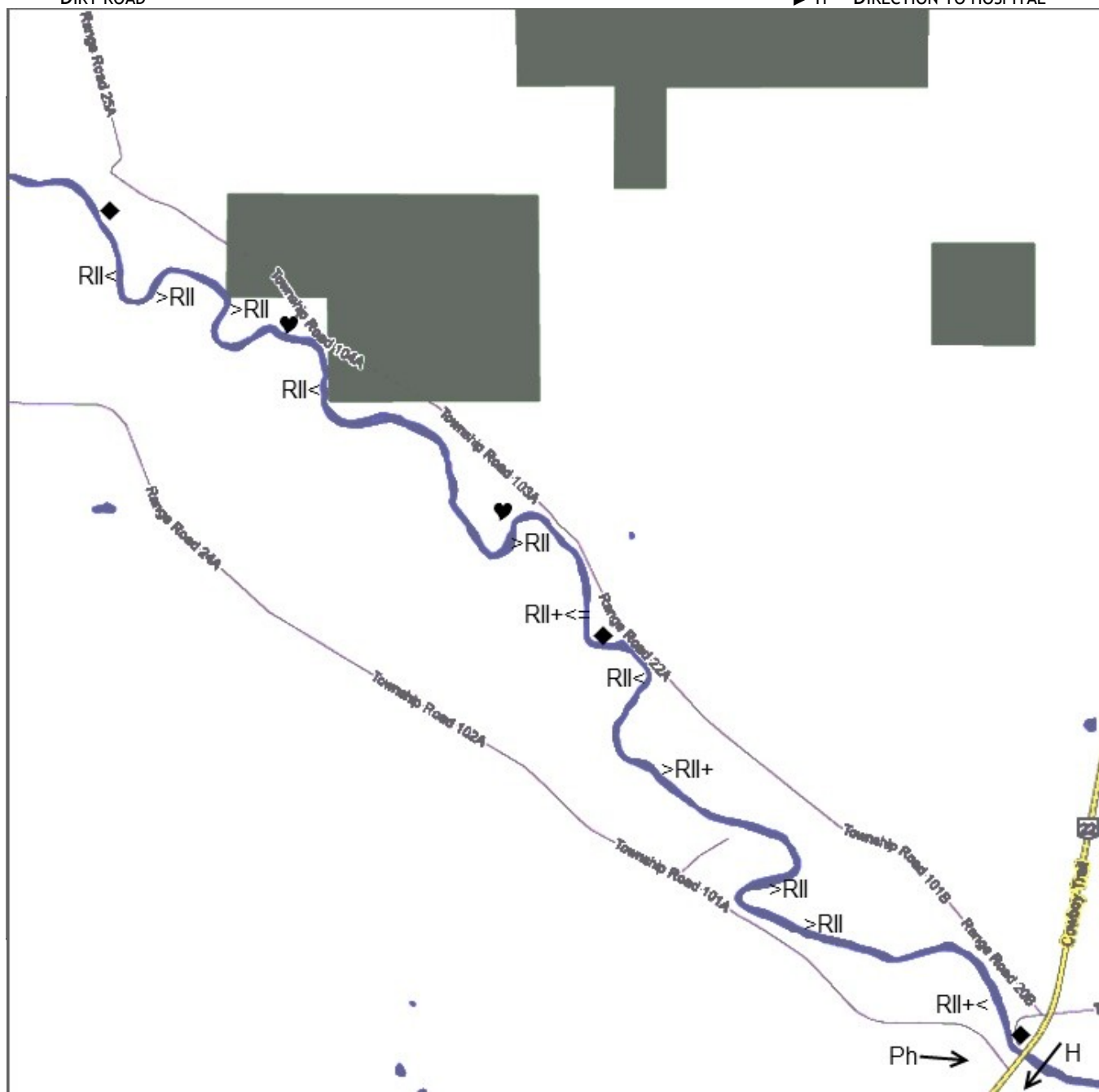
- ◆ PUT-IN & TAKE-OUT ]
- ] [ BRIDGE
- ] D DAM
- PAVED ROAD (INCLUDE NUMBER)
- DIRT ROAD

### SPECIAL HAZARDS

- ▬ DIFFICULT RESCUE AREA(S)
- [W WATERFALL (INCLUDE HEIGHT) ...
- P PORTAGE (INCLUDE DISTANCE)
- OTHERS (I.E. GLASS ON TRAIL)

- > S SIL (INCLUDE DIFFICULTY I TO V)
- ▶ DIRECTION OF WATER FLOW

- OTHER IMPORTANT DETAILS
- ▶ H DIRECTION TO HOSPITAL



**PARTICIPANTS :**

NAME	MEDICAL ISSUES	E.C.P. & CONTACT NUMBERS

**VEHICLES :**

MODEL	LICENSE PLATE	LOCATION OF KEYS

**IN CASE OF EMERGENCY**

- 1) ENSURE SELF SAFE
- 2) ENSURE NO OTHERS IN DANGER
- 3) ALL PADDLERS STOP & MEET
  - a) EXTRACT VICTIM
- 4) STABILISE VICTIM (USE SOAP NOTES)
  - a) LEVEL OF CONSCIOUSNESS
  - b) BREATHING
  - c) CIRCULATION
  - d) C-SPINE
  - e) DISABILITY (NEUROLOGICAL)
  - f) EXTREMITY TRAUMA & EXPOSURE
- 5) FIRST AID KITS (TREAT VICTIM AS NEEDED)
- 6) EMERGENCY CONTACT - **911** OR OTHER: 

NAME	NUMBER	ADDRESS
a) HOSPITAL: Crowsnest Pass Health Centre	403 562 5011	2001-107 <sup>th</sup> St. Blairmore
b) PADDLE ORG: PinchOCrow Creekers	403 628 2336	2322 Twp Rd 7-3A
c) FORESTRY (based in Crowsnest Pass)	403 562 3210	18 <sup>th</sup> Ave and 119 <sup>th</sup> St. Blairmore
- 7) LOCATION OF CELL PHONES : 

NUMBER	OWNER	LOCATION
a)		
b)		
- 8) LOCATION OF PAYPHONES: Waldron Store ?? unsure or Farm Houses along access road
- 9) EVACUATION - PREPARATION OF :
  - a) 1- PADDLER IN NEED OF CARE ;
  - b) 2- REQUIRED GEAR
- 10) GROUP MAINTENANCE